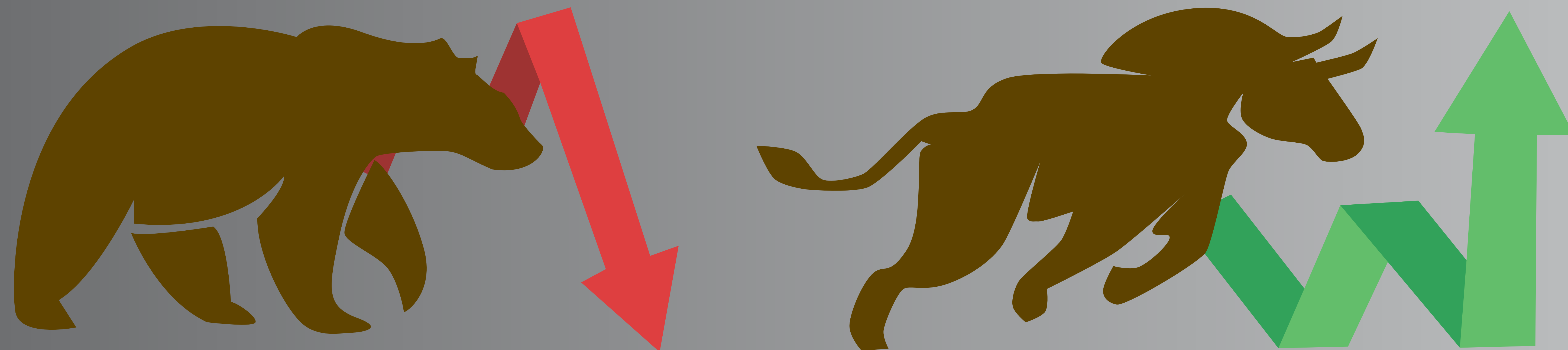


# Down Days



Up days would be meaningless  
were it not for down days. It's  
a balance-of-life thing.