

Jonah Syndrome

FEAR OF SUCCESS

"...from trying to understand why peak experiences are ordinarily transient and brief...the answer becomes clearer and clearer. We are just not strong enough to endure more! It is just too shaking and wearing. So often people in such ecstatic moments say 'It's just too much,' or 'I can't stand it,' or 'I could die....' Delirious happiness cannot be borne for long. Our organisms are just too weak for any large doses of greatness...."

Maslow, Abraham. *The Farther Reaches of Human Nature*. New York: The Viking Press. 1971.

