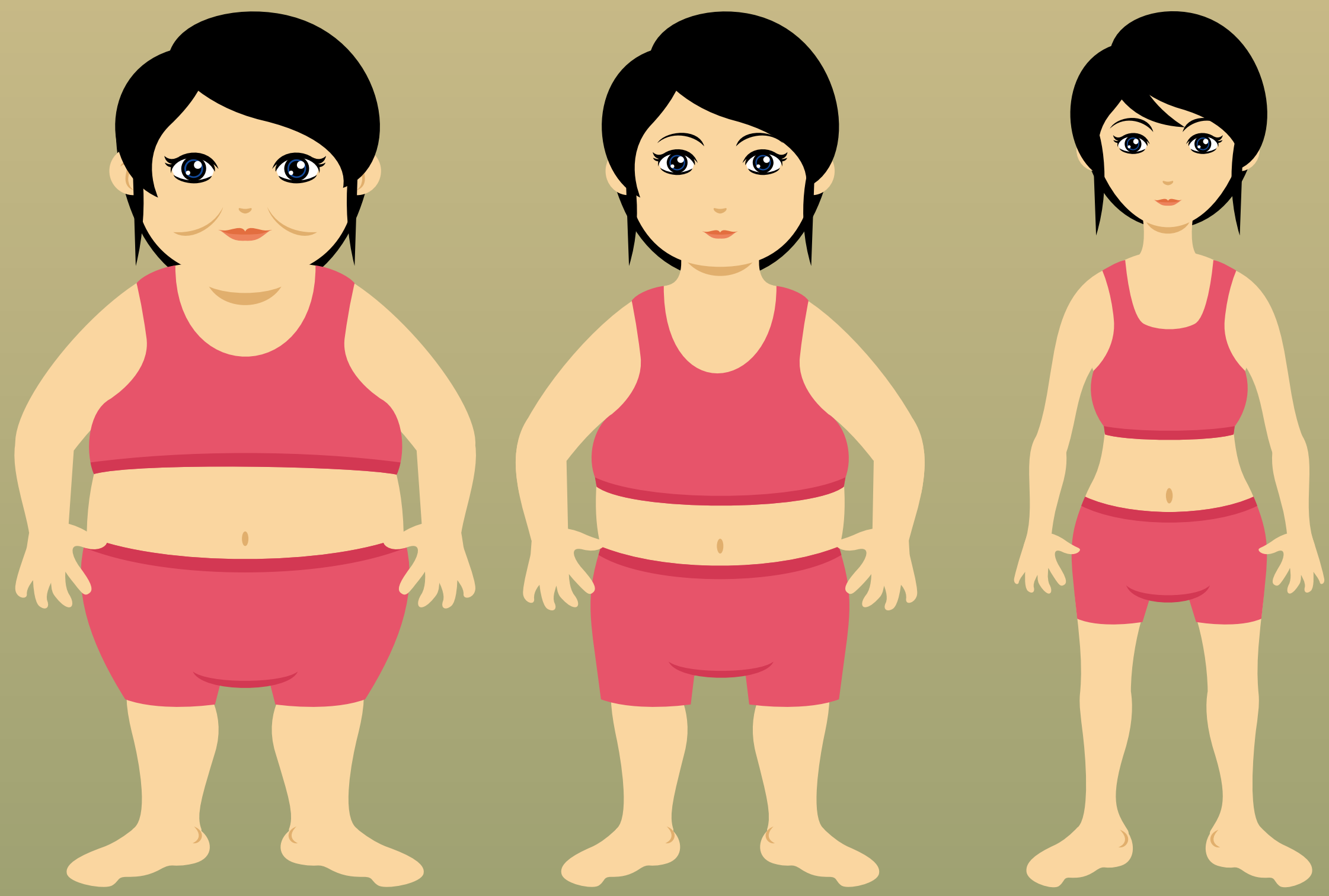


# LOSING WEIGHT



It's sometimes  
easier to  
lose  
50 lbs.  
than it is  
to lose 5 lbs.

