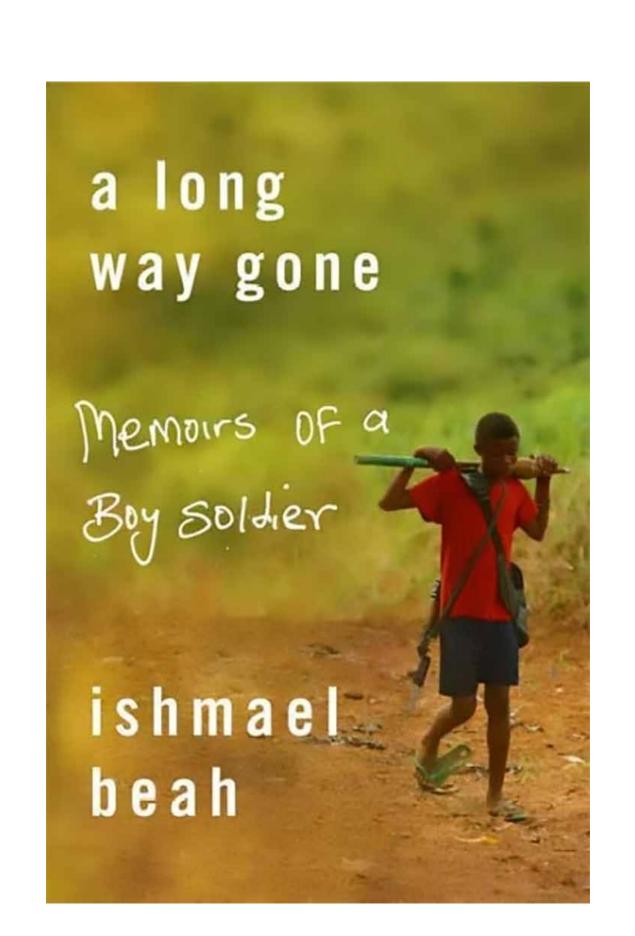
Healing Nightmares

"People think of healing as forgetting. I've come to learn how to live with my memories, to



transform them so they

become instructional

tools and make me appreciate my life."

- Ishmael

A Long Way Gone: Memories of a Boy Soldier