

# Not Another Helper!

I broke my foot and was unable to do normal household chores. My wife was washing dishes, and I asked her if I could help by drying them. All she had to do was bring some at a time over to the couch where I sat. She explained that this "help" created more work for her. "I want to help," I exclaimed. I knew she was right though. I was being selfish under the guise of helping.

All of us probably have these moments of selfishness, but how many are there whose need to help is strong enough to cause an insistence which is routinely unwanted?