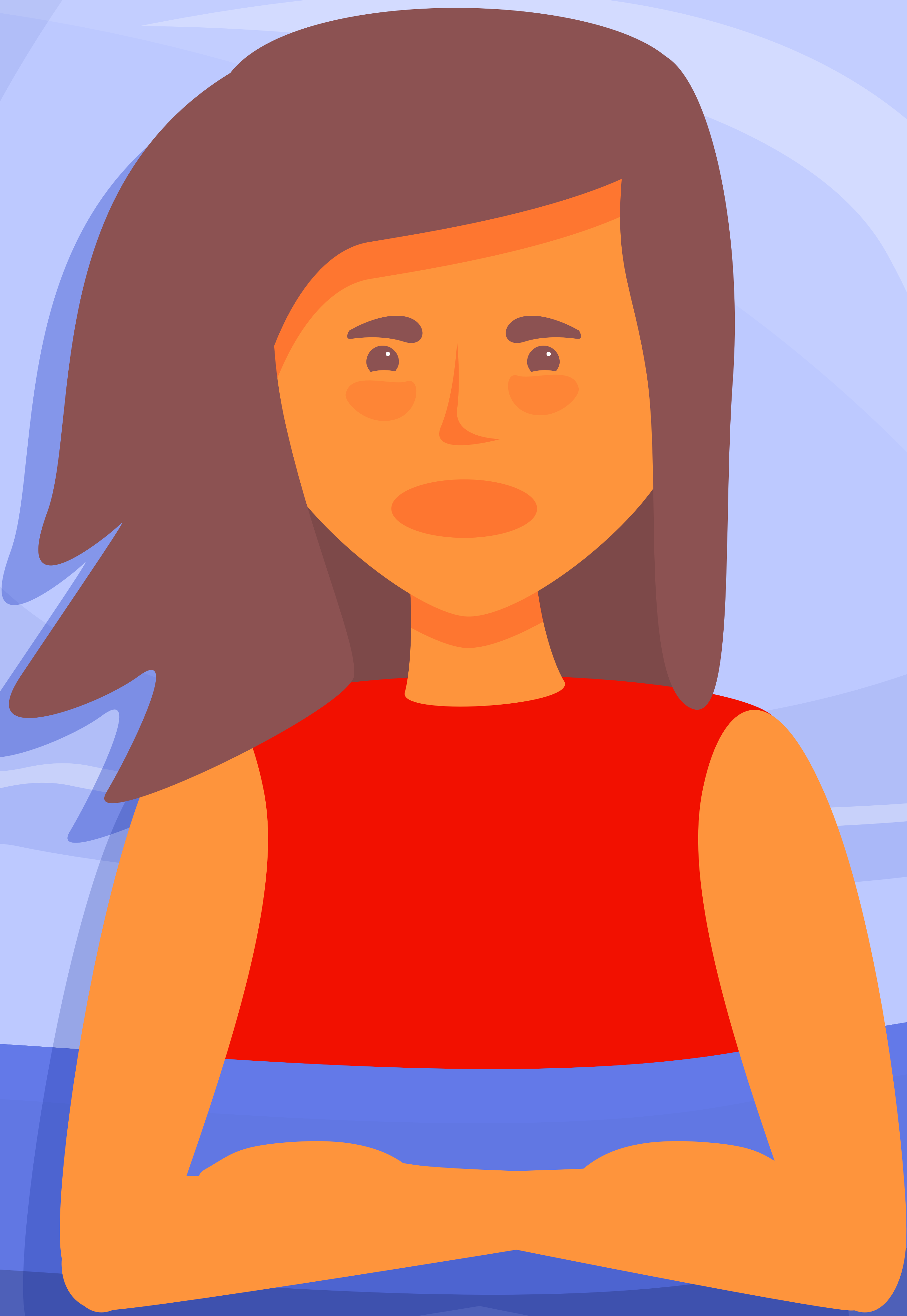


CAN'T SLEEP—MIND ON FIRE



Sometimes during the night, our mind gets one good idea after another, and it won't stop to let you sleep. When this happens, make sure you have a writing pad and pen or an audio recorder to capture the ideas. You'll forget them. Yes you will.